

# Child Development Learning Journey



- The role of the birth partner
- The methods of pain relief when in labour
- The signs that labour has started
- The three stages of labour
- The methods of assisted birth



- Recognise general signs and symptoms of illness in children
- How to meet the needs of an ill child
- How to ensure a child-friendly safe environment

## Final Exam

Unit R057 Topic Area 2: Antenatal care and preparation for birth

Unit R057 Topic Area 3: Postnatal checks, postnatal care and the conditions for development

Unit R057 Topic Area 4: Childhood illnesses and a child safe environment

Unit R057: Revision

Unit R057 Topic Area 1: The signs and symptoms of pregnancy



- The purpose and importance of antenatal clinics
- Screening and diagnostic tests
- The purpose and importance of antenatal classes
- The choices available for delivery

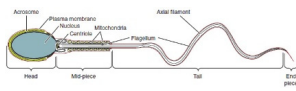
- The postnatal checks that are carried out on the baby immediately after birth and the reasons why
- The checks that are carried out on the baby within one to five days of birth and the reasons why
- Postnatal care of the mother and baby
- The developmental needs of children from birth to five years



Unit R057 Topic Area 1: How reproduction takes place

common signs and symptoms

- Ovulation
- Conception/fertilisation
- Development of the embryo and foetus:
- Multiple pregnancies – Identical/Non identical



Unit R057 Topic Area 1: The structure and function of the reproductive systems

The structure and function of the female reproductive system

Methods of observation  
Methods of recording

How play benefits development

The stages of play  
The types of play

## Year 11

Unit R059 Topic Area 1: Pre-conception health and reproduction

Unit R059 Topic Area 4: Plan and evaluate play activities

Unit R059 Topic Area 3: Observation and recording

- Factors affecting pre-conception health for women and men
- Types of contraception methods and their advantages and disadvantages

Planning play activities for a chosen area of development  
How to evaluate plans for play activities:

Unit R059 Topic Area 2: Stages and types of play and how play benefits development

Unit R059 Topic Area 1: The expected development norms from one to five years

Unit R058 Topic Area 3: How to evaluate planning and preparation of a meal

Unit R058 Topic Area 3: Plan for meal



- Physical development
- Intellectual development
- Social development

Strengths/weakness  
Improvements/changes

Equipment  
Ingredients and quantities  
Safety and hygiene – personal and the environment

- Eatwell guide
- 5 a day
- British Nutritional Foundation recommendations



Reasons why accidents happen in a childcare setting

Factors affecting suitability and choice

## Year 10

Unit R058 Topic Area 1: Creating a safe environment in a childcare setting

Unit R058 Topic Area 2: Choosing suitable equipment for a childcare setting

Unit R058 Topic Area 3: Current Government dietary recommendations for healthy eating for children from birth to five years

Types of childhood accidents

Plan to prevent accidents in a childcare setting

- Types of Essential Equipment
- Travelling
  - Sleeping
  - Feeding
  - Changing
  - Indoor and outdoor playing

Essential nutrients and their functions for children from birth to five years

- Food Sources to meet nutritional needs for:
- Birth to 6 months
  - The three stages of weaning between 6 – 12 months
  - 1 to 5 years