

Do you have a child aged between 11 and 16 years?

Come to this **free 10 week STOP course** to meet with other parents and strengthen your parenting skills.

The course includes:

- Practical strategies to use with your teenager
- Effectively dealing with confrontations
- Greater awareness of peer influences on your teenager
- Greater understanding of the development process of your teenager

Starts:

Tuesday 21st January 2014

For 10 weeks (term-time only)

6.30 - 8.30pm

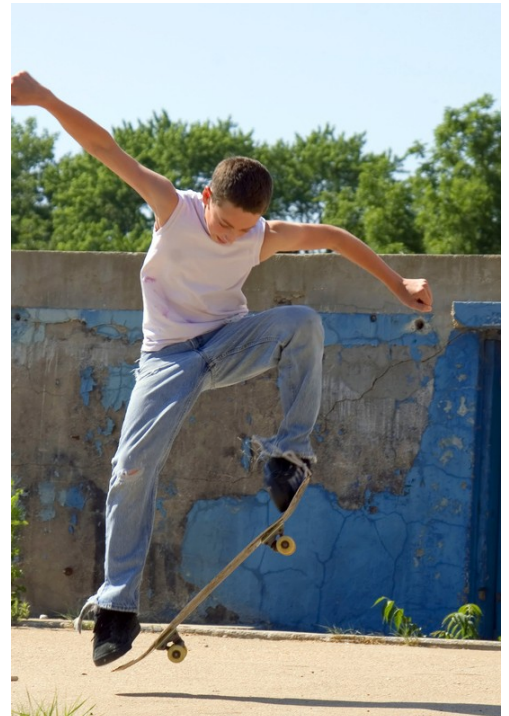
at

Notley High School

Notley Road

Braintree CM7 1WY

Pop in for a coffee and an informal chat about the course on Tuesday 14th January 6:30pm - 7:30pm and/or call **01621 727334** to book a place



Code: PRNPI035

Expiry: Oct 15