

## No Screen Challenges \& Wellbeing Day Wednesday 10 February 2021

$>$ Select 5 challenges from the list below.
$>$ For each completed challenge, you will receive 10 House points.
> Prepare anything you may need from the internet the day before to avoid using a screen.
> Send evidence of your completed challenges to your Form Tutor by Thursday 11 February 2021
> Good luck and enjoy!

## Your Challenges

- Cook a meal from ingredients in your cupboards at home.
- Complete the Lockdown Quiz - remember you can't use the internet to find the answer (see below for questions).
- Devise a 20-question quiz for your tutor group - it can be general knowledge or themed.
- Recreate a famous painting using any material you choose.
- Make up a story and create a story board of eight scenes.
- Make a paper aeroplane and record how far it flies - furthest wins and evidence needed.
- Listen to the lyrics of a song and explain why they mean something to you.
- Learn to play the beat and rhythm of a famous song using your hands, drumsticks, pencils or whatever equipment you choose - record your performance.
- Write a poem - you choose the topic.
- Go for a themed walk and take at least 5 photographs e.g. nature, wildlife, buildings or any topic of your choice.
- Complete some exercise e.g. circuit training, runing, cycling, yoga - your choice.
- Create a mobile phone stand using paper, cardboard or recycled material.
- Play a board game - not a computer game!
- Make a friendship bracelet.
- Make an origami model.
- Drop Everything and Read (DEAR) - read a book and summarise what happened. Send a photograph of the book.
- Complete the logic problem - Who's going to Baker Street? (see below for clues).
- Make a TikTok dance video.




## No Screen Challenge Quiz

1) Which is the only vowel not used as the first letter in a US State?
2) Who won I'm A Celebrity... Get Me Out of Here! in 2020?
3) What is Postman Pat's surname?
4) What is a group of giraffes known as?
5) What name is given to small sausages wrapped in bacon?
6) Where was the first modern Olympic Games held (in 1896)?
7) Who discovered penicillin?
8) Which continent is the largest in terms of land mass?
9) What was Disney's first feature film?
10) Which Avenger is the only one who could calm down the Hulk?
11) What is the only domesticated animal NOT mentioned in the Bible?
12) Which city do The Beatles come from?
13) Who invented the iconic Little Black Dress?
14) What is the main ingredient in hummus?
15) What is the longest river in the world?
16) Which King of England was crowned on Christmas Day?
17) What is the name of Daniel Craig's first James Bond film?
18) Which famous graffiti artist comes from Bristol?
19) Which part of the atom has no electric charge?
20) What is the national dish of Spain?
21) What colour are the seats in the House of Commons?
22) What is the chemical symbol for silver?
23) Which is longer, a nautical mile or a mile?
24) At which venue is the F1 British Grand Prix held?
25) Does a record turntable revolve clockwise or anti-clockwise?


## Who is Going to Baker Street?

Five taxi drivers are called to a restaurant to pick up five fares. On arrival they find that their passengers are incoherent and the worse for drink. The drivers are unable to determine who is who and who is going where? They would be grateful for your help.

Fortunately, each man has a different first and last name, a different profession, they live in different streets and their wives have different first names.

We have collected several facts from the passengers, and it is your task to determine the answers to the questions below.

## Questions

1. Who is the baker?
2. What is Bert's last name?
3. Who is going to Baker Street?

## Facts from the Passengers

1. Brad is married to Betty.
2. Barbara's husband gets into the third taxi.
3. Bart is a banker.
4. The last taxi goes to Barton Street.
5. Beatrice lives in Burton Street.
6. The butcher gets into the fourth taxi.
7. Bob gets into the second taxi.
8. Bernice is married to the broker.
9. Mr Barker lives in Burton Street.
10. Mr Burger gets into the taxi in front of Brenda's husband.
11. Mr Bunger gets into the first taxi.
12. Mr Baker lives in Burbon Street.
13. The barber lives in Barker Street.
14. Mr Baker gets into the taxi in front of Mr Burke.
15. The barber is three taxis in front of Brian.
16. Mr Burger is in the taxi in front of the butcher.
