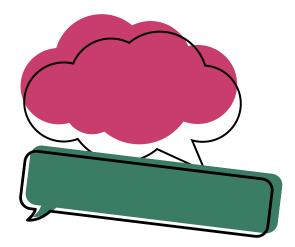


#### YOUTH SERVICE

## You Said, We Did Young people



Between December 2022 and March 2023 Essex County Council Public Health surveyed young people (aged 11-18 years) in Essex. The purpose of the survey was to improve understanding of vaping among young people and the findings of the survey are now being used to support further work to reduce current usage and prevent uptake of vaping among children and young people in Essex.

We would like to say a big thank you to every young person who completed the survey and also to those who supported with the design of the survey questions.

The findings of the survey along with the findings of a separate survey undertaken with parents and carers can be found here

https://data.essex.gov.uk/dataset/24qw8/essex-youth-vaping





#### You said...

You look to schools and parents for information on vaping.



#### We did... (and continue to)

Provide training sessions and resources for schools and parents.

Ensure that teachers can help young people to access support to stop vaping.

Share information on vaping with parents and carers.

Young people are not aware of the health risks that may be associated with youth vaping.



Work with young people to test messaging to help inform them of the potential health risks.

Vapes are promoted in a range of places and are easy to get hold of.



Essex Trading Standards is working hard to tackle underage sales of vapes by advising, warning and prosecuting offenders.

### You Said, We Did Young people



Selling vapes to under 18's is illegal.

To report a shop for selling underage please contact Citizens Advice Consumer Service **0808 223 1133**.

#### For more information on how to stop vaping

**Essex Wellbeing Service** 

www.essexwellbeingservice.co.uk/news/vaping-young-people-information-and-advice





Talk to Frank

honest information about drugs www.talktofrank.com/drug/vapes







#### YOUTH SERVICE

# You Said, We Did Parents/carers



Between December 2022 and March 2023 Essex County Council Public Health undertook a research project to understand more about children and young people's vaping in Essex. This research included a survey of parents and carers of young people (aged 11-18 years) in Essex and we can now provide you with an update on our efforts to reduce current usage and prevent uptake of vaping among young people in Essex.

We would like to say a big thank you to every parent and carer who completed the survey.

The findings of the survey along with the findings of a separate survey undertaken with young people can be found here

https://data.essex.gov.uk/dataset/24qw8/essex-youth-vaping





#### You said...

You would like to see stronger regulation, monitoring and enforcement around youth vaping.



### We did... (and continue to)

Since our survey the Government have run a public consultation seeking feedback on smoking and youth vaping. We have responded using your feedback.

Communities need more education on youth vaping.



We are planning a youth vaping campaign to share key messages with a wide audience.

You are far more concerned, than young people, about the health implications of youth vaping.



Work with young people to test messaging to help inform them of the potential health risks.

## You Said, We Did Parents/carers



#### You said...

We did... (and continue to)

You would like to see enforcement and consequences for suppliers.



Essex Trading Standards is carrying out intelligence led targeted test purchasing to tackle underage sales of vapes providing advice, warnings and prosecuting offenders.

You would like more information on a range of youth vaping topics.



Work with partners to develop resources on youth vaping.

#### For more information and support please visit:

**Essex Wellbeing Service** 

www.essexwellbeingservice.co.uk/news/vaping-young-people-information-and-advice





Essex Child and Family Wellbeing Service essexfamilywellbeing.co.uk/services/school-age/stopping-smoking





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