



Staying safe this summer

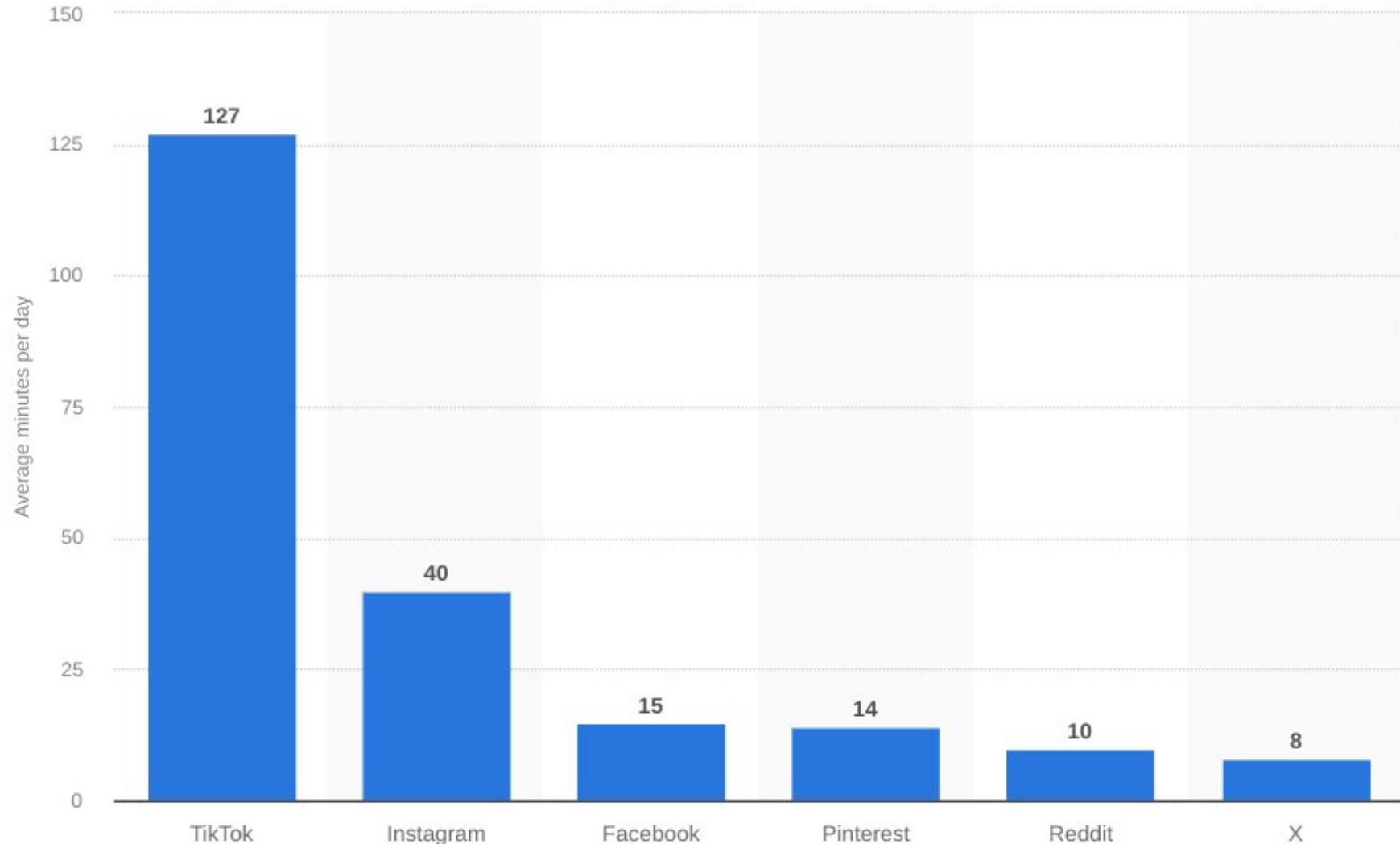
What are you most looking forward to doing this summer?

- 5 – sleeping
- 4 – nothing really
- 3 - hanging out with my mates
- 2 - playing on my computer/phone whenever I want
- 1 - holiday - wherever this is (and some of you are VERY lucky)



Playing on my computer/phone whenever I want

Teenagers from the age of 11 upwards spend on average 7.5 hours a day on a screen during the summer holidays.



What are we watching and reading?



A lie can travel halfway around the world while the truth is putting on its shoes.



Mark Twain

Man uses live alligator for his baby's gender-reveal party



CHOOSE ANSWER

Teen influencer received millions of roses from a secret admirer



CHOOSE ANSWER

Driver tries to pass Homer Simpson licence off as real to police



CHOOSE ANSWER

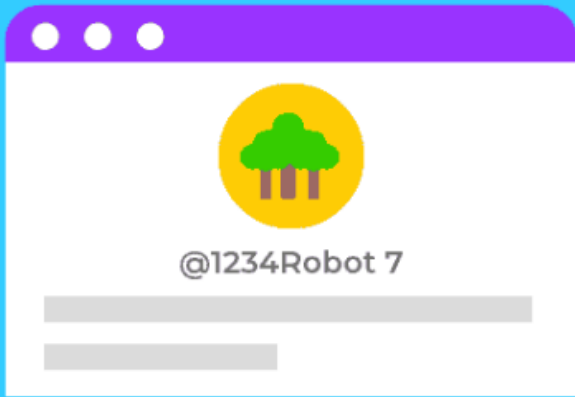
Congratulations if you got the correct answer! If not, there are a couple of practical things you can do to spot these misleading headlines:

- First, don't just read the headline. Read the whole story to get the full picture.
- Remember, if you have any doubts that something is true don't share it on social platforms to stop it from spreading and potentially confusing others.

Teen influencer received millions of roses from a secret admirer.

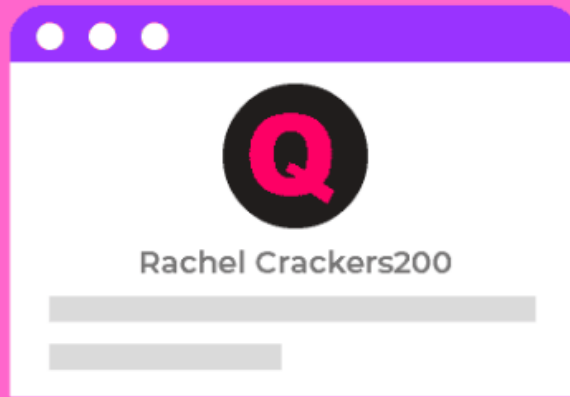


@1234Robot 7 - Likes Politico, Green Peace, Earth first group



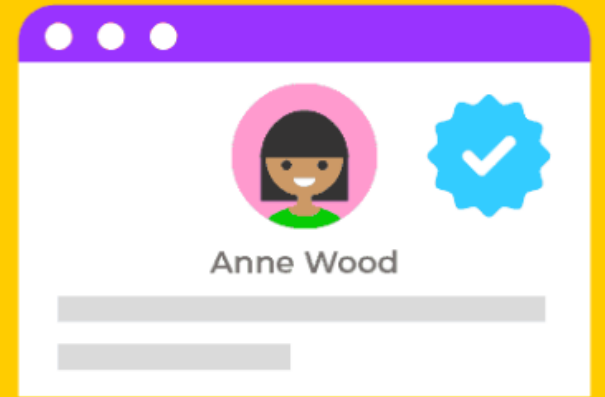
CHOOSE ANSWER

Rachel Crackers200 - Blogger and activist for right wing parties



CHOOSE ANSWER

Anne Wood - [verified tick] Mother to Jerry 5 and Tom 4. Based in the UK



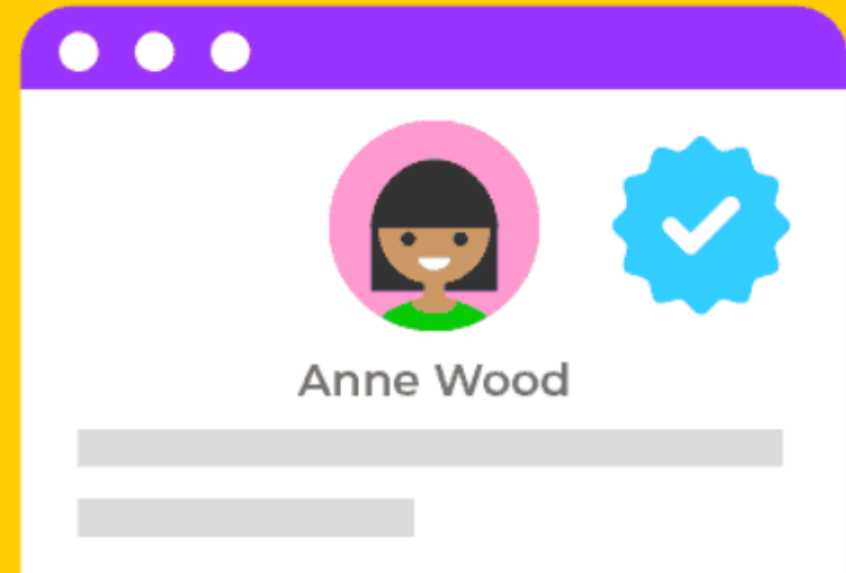
CHOOSE ANSWER

Here are some questions to ask yourself to check if an account is real or not.

Does the account share no personal information? Is it just focused on a cause or a particular view? Is the account linked to a group or an organisation rather than a person?

If yes, it might be a fake account.

Anne Wood – [verified tick] Mother to Jerry 5 and Tom 4. Based in the UK.



Hanging out with my mates

- Ella has been talking online with Sophie for weeks when they're playing Fortnite.
- Since playing together, Ella's single match kills has doubled.
- Sophie suggests meeting up at the Discovery Centre at 9.00pm tomorrow.
- Ella has just sent you a message on snapchat to let you know about it...

- If you've been speaking to someone online for a while, you might decide it's time to meet face to face.
- **Do not do this without following these guidelines:**
- It is important to speak to your parent or carer first, before agreeing to meet up with someone, so they can help you to do this in a safe way.
- Here are some things you can do to make your first meeting safer:
 - meet in a busy, public place
 - meet during the day
 - plan a safe journey
 - keep in touch with your parent or carer
 - ask someone to go with you
- Anyone who genuinely wants to be your friend won't mind doing these things to make you feel safe.

Most importantly

- Whatever you are doing, tell your adults at home where you are going
- Have fun, but act at all times within the law!
- Don't take unnecessary risks
- Keep reading. Don't let your brain rot.