



# Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher  
Dr C Cusick, Head of School



January 2022

Dear Parents/Carers

## Year 11 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 11 during Spring term 1 is as follows:

### Spring 1

#### Relationships and Sex Education:

Students will explore how to effectively communicate their wants and needs in relationships. They will discuss how to handle unwanted attention both online and offline. They will explore the various forms of domestic abuse and how to seek help for themselves and others.

Students will explore the term 'honour' based violence and who is most at risk. They will identify what a forced marriage is and how it is distinguished from an arranged marriage or other form of legal marriage. They will discuss where and how to seek support if they are concerned about themselves or someone they know.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb  
Head of Faculty: PDT, Resilience and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY  
t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com

