



Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher
Dr C Cusick, Head of School



September 2021

Dear Parents/Carers

Year 11 Autumn Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 11 during Autumn term 2 is as follows:

Autumn 2
<p>Skills for Success: In preparation for mock exams, students will explore ways to maximise success, including time management, organisation, and revision strategies.</p>
<p>Careers: Students will update their CVs, personal statements and covering letters to reflect achievements, skills, experience and responsibilities they have acquired. They will explore the importance of maintaining a work life balance and laws that are in place to protect workers' rights.</p>

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb
Head of Faculty: PDT, Resilience and Careers

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