

23 July 2024

Dear Parents and Carers

Safeguarding information – and reminders of support – for the Summer holiday:

- If a child or young person is in immediate danger, call 999.
- Essex Children's Social Care: If you're worried about the safety or wellbeing of a child, call the children's line on 0345 603 7627. This phone line is open Monday to Thursday 9am to 5:30pm, and Fridays 9am to 4:30pm. Out of hours or on bank holidays, please call the emergency duty team on 0345 606 1212. Alternatively, you can complete an online request for support.
- If you wish to let the school know about any safeguarding concerns, please use the email address safeguarding@notleyhigh.com. Please note that during any holidays or weekends, this email address is monitored periodically and should not be used in the first instance for urgent concerns.
- Further sources of support include:
- Essex Safeguarding Children Board: www.esccb.co.uk/parentcarer/
- Southend, Essex and Thurrock Children's and Adolescent's Mental Health Service (SET CAMHS): 0800 953 0222.
- Childline: 0800 1111
- Give Us A Shout: www.giveusashout.org or text SHOUT to 85258
- Kooth: www.kooth.com
- Crisis – 0337261800
- Children' Society – [The Children's Society | UK children's charity](http://www.childrensociety.org.uk)
- Customer First – 0808 800 4005
- Food Bank – <http://www.trusselltrust.org/>
- Freederm – <https://www.freederm.co.uk/body-image-and-self-esteem>
- Kooth – <http://www.kooth.com/>
- Mind – <http://www.mind.org.uk/>
- Samaritans – 116 123
- NHS website – <http://www.england.nhs.uk/>
- NSPCC website – <http://www.nspcc.org.uk/>
- Place 2be website – <http://www.place2be.org.uk/>
- Young Minds website – <http://www.youngminds.org.uk/>