



# Notley High School & Braintree Sixth Form



Headteacher: Miss M Ryan

11 March 2022

Dear Parents/Carers

## Risk Avert Survey

During this academic year Notley High School and Braintree Sixth Form will be running the Risk-Avert programme. The programme aims to educate, inform, and reduce risk-taking behaviours and support young people who may be experiencing difficulties with their emotional health and well-being.

The programme has been developed by The Training Effect, a consultancy service provider available to councils across the UK.

The project is focused on early intervention and prevention. We do not expect many young people to be engaging in these behaviours at this age; however, the project is about supporting young people to make positive choices as they get older.

The programme will work with year 8 students from this academic year.

All students currently in year 8 will be asked to complete a short survey. The survey will ask them about their experience of a range of issues including internet safety, friendships, emotional health and any risk-taking experience they may have been exposed to socially, including alcohol or smoking.

A percentage of young people surveyed will be offered the chance to take part in a 6-session programme to educate them about risk-taking and offer support in making positive choices as they get older. Some students may be offered a programme focused on emotional health and well-being.

At this stage we are inviting parents to inform us if they are not happy for their children to take part in this survey and/or project. I will assume that you are supportive of this unless I hear otherwise.

Students will complete the survey on Tuesday 29<sup>th</sup> March.

Should you have any queries, please do contact me [michelle.robbs@notleyhigh.com](mailto:michelle.robbs@notleyhigh.com).

Further details for The Training Effect can be found at [www.thetrainingeffect.co.uk](http://www.thetrainingeffect.co.uk) and further details on Risk-Avert can be found here [www.risk-avert.org](http://www.risk-avert.org)

Yours faithfully

Mrs M Robb  
Head of Faculty – PDT, PSHEE and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY

† 01376 556300 e enquiries@notleyhigh.com w www.notleyhigh.com

