



Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher
Dr C Cusick, Head of School



February 2022

Dear Parents/Carers

Year 11 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 11 during Spring term 2 is as follows:

Spring Term 2

Health and Wellbeing: Students will explore their responsibilities as they become more independent, in particular safety, risk taking, emergency first aid and health. Students will discuss how to reduce the risk of developing many illnesses including, a number of cancers, through simple lifestyle choices and how to carry out testicular self-examination and breast self-examination.

Finance: Students will explore the important information contained on a payslip. They will explore different types of technology that support money management and how to choose a bank account, budget and plan for the future.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb
Head of Faculty: PDT, Resilience and Careers

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