



Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher
Dr C Cusick, Head of School



February 2022

Dear Parents/Carers

Year 9 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 9 during Spring term 2 is as follows:

Spring Term 2

Relationships and Sex Education: Students will explore healthy relationships including consent and the law. They will discuss what STIs are and how the spread can be reduced or prevented. Students will explore the range of contraceptives available and the pros and cons for each. They will also discuss issues around pornography.

Skills for Success: Students will explore active revision techniques and learn how to plan a revision timetable.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb
Head of Faculty: PDT, Resilience and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY
t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com

