



Notley High School & Braintree Sixth Form

Headteacher: David Conway MA MBA



December 2019

Dear Parents/Carers

Year 10 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 10 during the Spring term is as follows:

Spring 1	Spring 2
<p>Tackling relationship myths and expectations. Managing romantic relationship challenges, including break ups.</p> <p>Romantic and intimate relationships, consent.</p> <p>British values, human rights and community cohesion.</p>	<p>Understanding diversity, tackling discrimination, challenging offensive behaviour.</p> <p>Challenging extremism and radicalisation</p> <p>Exploring the influence of role models. Drug and alcohol use in the media. Evaluating the social and emotional risks of drug use. Addiction and the impact and health Implications. Legal risks and where to seek help.</p>

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb
Head of Faculty - PDT, PSHEE and Careers

"Working together, achieving together"

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY
t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com

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