



Notley High

School and Sixth Form

Enjoy, Enrich, Achieve, Aspire.

1 October 2026

Dear Students, Parents and Carers

Year 12 Enrichment – Food and Nutrition practical sessions

As part of the Year 12 Enrichment programme, students can take part in six practical Food and Nutrition sessions, building practical cooking skills, food knowledge and confidence in the kitchen.

The practical arrangements:

- **Ingredients:** the Food and Nutrition department provides everything needed for the six sessions, so students do not need to buy or bring ingredients
- **Contribution:** we ask for a voluntary contribution of £10 per student, which goes directly towards the food used in the sessions
- **To pay:** via ParentPay – further details of the payment arrangements will follow shortly
- **Containers:** students should bring a suitable container to each session so that they can take their dishes home safely

The contribution is entirely voluntary, and no student will be prevented from taking part if a contribution is not made.

The sessions teach skills students will use well beyond school: food preparation, nutrition, meal planning and the habits of cooking for themselves.

We look forward to an enjoyable programme, and thank you for your support.

Yours faithfully

Mrs J White

Subject Lead of Food and Textiles

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